



Christine Maier

Known as the Label Breaker,
Christine inspires audiences to break free
and live a life of purpose.



Christine is an author, coach, and speaker. After surviving 25 surgeries and being tired of hearing stories of what she couldn't achieve, she went on to be an award-winning novelist, an instructor in the NYPD's Police Academy, and the first female Director of Watch Command at NYC Emergency Management. She is now passionate about guiding you through the process of changing your thinking and re-igniting your passion.

Christine brings a sense of adventure to her storytelling to influence transformational change. We all love stories; Christine will help you focus on the right stories. You may have seen Christine speak at Book Con, the National Homeland Security Conference, or featured on CNN.



Speaker Topics

Confused, Conflicted, and Disconnected: Recruiting and retaining women in policing
Nationwide, women only make up 13% of uniformed Police, a number that has been stagnant for 20 years. During a period when law enforcement is under scrutiny for high profile use of force complaints, it's time to increase the number of women in law enforcement.

Explore the culture of policing and how it impacts women and their identities so you can build strategies to improve recruitment and retention of women.

In this dynamic presentation, I will:

- Examine the masculine culture of policing.
- Study the impact women have on policing.
- Explore how successful women assimilate to the culture and the impact it has on them.
- Evaluate strategies for recruiting and retaining women in law enforcement.

Thriving in a Man's World: Strategies to integrate women in male workplaces

57% of College Degrees are earned by women, yet 29% of management roles are held by women of the total labor force in the United States. Are women thriving or surviving in male dominated professions and workplaces? How can we attract and retain more women in these fields as well as allow them to show their true potential.

Women in male dominated fields may experience a role conflict between expectations and work and at home. They are often taught ways to work around the cultural differences between men and women, without addressing the conflicting role women face. How can we improve the workplace environment for women in male dominated workplaces?

In this high impact presentation, you will:

- Define how the culture in male dominated workplaces impact women and their identities.
- Identify areas where unconscious bias may exist in your workplace.
- Determine indicators that women may not be thriving at work.
- Examine changes that can be made to improve the workplace environment for women.



Turning Your Story Inside Out: Creating powerful mind shifts to create possibility and purpose

We are limited in what we can achieve based on what we believe is possible and as a result, the majority of people struggle with expressing their true potential. It causes depression, decreased performance at work, and a loss of purpose. Until 1954 it was believed that running a four-minute mile was impossible. Since then, 1,400 male athletes have surpassed that time. What do you want to achieve that you believe is not possible?

Identifying the stories we have in our heads that keep us stuck in limiting beliefs is key to opening up the world of possibility, play, and performance. When you shift your thinking, we then have the ability to find a deeper purpose and passion that drives us to freedom, success and happiness at home and in the workplace.

In this high impact presentation, you will:

- Identify stories that are holding you back from your happiness.
- Shed the beliefs that are holding you back to gain a new freedom and joy.
- Create new beliefs that empower you.
- Discover a deeper purpose that inspires you to achieve things you never thought were possible.



Christine is a dynamic speaker with a powerful message. She injects just the right amount of humor to engage the audience. She's proof that we can overcome the odds.

~ **Chris Kirch**

When I heard Christine's story she was able to command my complete attention, not just her medical past up but how she dealt with and overcame obstacles. She reminded me of the saying, "If you think you've got it tough, listen to someone else's story." How when she came upon adverse situations and met them head on is inspiring.

~ **Maurice Zuñiga**



Featured at:



Resources

Break free from labels holding you back from a life with purpose.

Contact Christine for your next event

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